



## **Overactive Bladder (OAB) Management: From Understanding to Action**

 **Lonavala, Maharashtra**

 **29<sup>th</sup> November 2025**

# Welcome Letter



*Dear Doctor,*

Warm greetings from **CPD Gurukul**.

We are delighted to invite you to our upcoming **Continuing Professional Development (CPD)** program titled "**Overactive Bladder (OAB) Management: From Understanding to Action**", scheduled at **Lonavala, Maharashtra**.

This focused CPD will gather leading **gynecologists, surgeons, consulting physicians, and general practitioners** for an engaging academic session on **recognizing, managing, and improving outcomes in Overactive Bladder (OAB)**.

The program aims to integrate clinical guidelines with day-to-day practice, highlighting pharmacologic and non-pharmacologic strategies to improve patient adherence and quality of life.

Set in an interactive environment, this CPD blends **scientific depth with practical clinical relevance**, ensuring that every participant leaves with actionable clinical insights for OAB management.

## **What Sets This CPD Apart**

- Real-World Practice Focus
- Interactive Learning
- Comprehensive Approaches
- Clinical Confidence

## **Academic Highlights**

- **Understanding the Mechanisms:** Neurogenic and muscular pathways contributing to OAB
- **Therapeutic Spectrum:** Antimuscarinics, 33 agonists, and non-drug approaches
- **Patient-Centered Management:** Counseling, compliance, and behavioral interventions
- **Case-Based Learning:** Practical scenarios for everyday clinical relevance

## **Wellness & Participation Inclusions**

- Stay at Lonavala
- Two lunches, high tea, and dinner
- Stay amenities and recreational access
- Networking and peer-learning opportunities

Warm regards,

**Dr. Sunil Pandey**  
Director – Medical Affairs

## Why attend?



- Gain practical insights into diagnosis and management of OAB.
- Understand pharmacologic and non-pharmacologic strategies in daily practice.
- Participate in case-based learning and real-world discussions.
- Strengthen confidence in long-term OAB management and patient counseling.
- Network with multidisciplinary peers in a relaxed, academic setting.

## Agenda



Time	Session
7:00 - 7:10 PM	Welcome Note
7:10 - 7:40 PM	OAB in Practice: Pathophysiology and Diagnosis
7:40 - 8:10 PM	Management Strategies: Pharmacologic and Behavioral Approaches
8:10 - 8:40 PM	Case-Based Discussion and Q & A
8:40 PM onwards	Dinner & Networking

## CPD Significance



This **Continuing Professional Development (CPD)** session emphasizes early diagnosis, evidence-based treatment, and patient adherence in Overactive Bladder management.

### Key Significance Points

- **Clinical Relevance** Improving real-world management of OAB in primary and specialist care.
- **Therapeutic Clarity** Practical updates on treatment options and long-term therapy safety.
- **Peer Learning** Real-world case reviews and interactive faculty discussions.
- **Clinical Confidence** Enhancing skill in differentiating and treating OAB effectively.

## Limited Seats – Book Early!



Registrations will be accepted on a **first-come, first-served basis**. Early registration ensures accommodation and participation privileges.

Registration Fees		
Category	Up to 15 <sup>th</sup> November, 2025	Spot
Delegate	INR 4,000 inclusive of GST	INR 5,000 inclusive of GST
Student	INR 2,500 inclusive of GST	INR 3,500 inclusive of GST

### Enriched Experience

- Full CPD registration and stay
- Access to all academic sessions and materials
- Curated dining and leisure experiences
- Networking with peers and faculty

*Come for the learning. Stay for the experience.*

## About CPD Gurukul



CPD Gurukul is a dedicated educational platform driving excellence in **Continuing Professional Development (CPD)** for healthcare professionals across India.

By integrating **evidence-based clinical learning** with skill-building in **leadership, communication, and practice improvement**, CPD Gurukul ensures that doctors grow not just in medical knowledge but also in overall professional competence required for today's dynamic clinical environment.

### Our initiatives include:

- CME sessions focused on practical clinical relevance.
- Expert faculty engagement and advisory board inputs.
- Knowledge-sharing forums designed to encourage peer learning.
- Partnerships with medical associations, hospitals, and academic institutions.

Each activity is designed to improve patient care, strengthen physician identity, and elevate clinical excellence.

CPD Gurukul is more than a platform, it is a **commitment to developing doctors** who can lead, influence, and innovate responsibly.

For inquiries and registration, please contact:

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